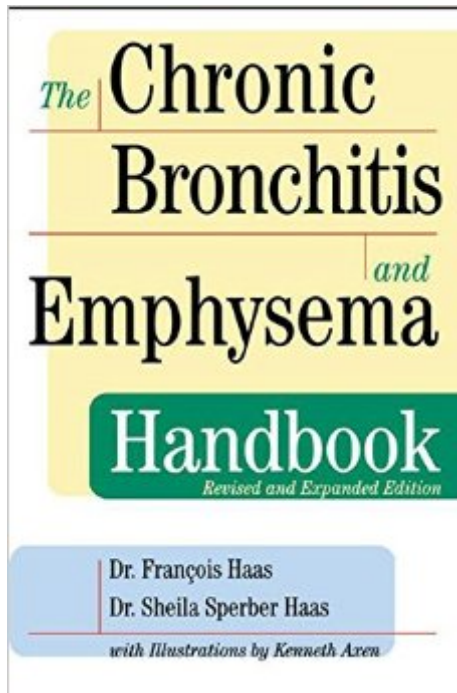


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The Chronic Bronchitis And Emphysema Handbook



Synopsis

"Dr. Francois Haas is an unusually gifted scientist and a compassionate human being."-HOWARD A. RUSK, M.D. Founder and Chairman, Rusk Institute
The bestselling guide for chronic bronchitis and emphysema sufferers-newly revised and expanded. For the millions of people diagnosed with chronic bronchitis and/or emphysema, this bestselling guide is now revised and expanded to offer the most up-to-date information available. From helping you understand your disease and its proper care to showing you how to restore vitality and satisfaction to your relationships, Dr. Francois Haas and Dr. Sheila Sperber Haas provide you with the facts and information needed to find the right treatment and take full advantage of it. Written in a clear and helpful style, The Chronic Bronchitis and Emphysema Handbook now includes current information on useful complementary approaches-including herbal therapy-plus effective exercises and the latest medical advances. You'll discover:
* How to find the right doctor for you and discuss your treatment options* How to deal with HMOs and the companies that provide supplemental oxygen * Which new surgical techniques are most promising* How to manage stress and anxiety* How to slow your disease and substantially improve your quality of life* A variety of helpful resources accessible by phone or web* The newsletters written by experts that will keep you up-to-date

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Customer Reviews

In July, 2000, my MD pointed to my chest XRay and said: "There's your Emphysema." So I needed to learn more about this total surprise: I went to [Amazon.com](#), and the 1990 Edition of this book was available, and I bought it, and placed a pre-order for this Updated Edition. The 1990 Edition is superb: it gave me a quick Cook's Tour into my own terra incognita. This Revised Edition builds on the 1990's firm foundation, and adds the break-thru's of the last five years: LVRS [Lung Volume Reduction Surgery] and herbal therapy as two specific examples. And the changes in health insurance practices means that COPD [chronic bronchitis and emphysema] patients must now fend for themselves in obtaining quality and quantity treatment. And this book gives the tools to do just that."COPD can be an exhausting and overwhelming burden to live with. Patients [and their caregivers] who continually fear running out of air, who watch their capacities dwindle prematurely, struggle with a heightened sense of their fragility. They and those close to them are usually frightened, depressed and angry. Doctors treating COPD patients do the best they know how to do. The problem is that so many were taught only to treat the medical aspects of COPD--and many [doctors] have never learned since to appreciate the importance of rehabilitating their patients. . . . Restoration to a happier, healthier lifestyle should be the goal of any treatment program -- and it is certainly [the aim of this book] in educating you." This revised edition is the best there is for the trained, scholarly, and lay patient audiences: it is the terra firma when one is innundated with the contrary and steroid fueled anecdotal opinions one encounters in certain EST-like effort-less support groups on the Internet.

Having finally realized early in 2007 that I had COPD after two years of misdiagnoses, I started working my way through both the popularly written and medical literature in an effort to understand what was happening. This is, hands down, the single best book for a newbie to COPD. It lucidly and accurately covers the important medical data on the set of conditions (bronchitis, emphysema, and asthma) that together constitute COPD. There are other books worth having, but this is the one to start with. One does want to get the second edition, since quite a bit was learned about COPD in the decade between the two editions, for example, about the significance, use, availability of, and third-party payment for, oxygen therapy for COPD patients. An earlier reviewer has trashed the book as depressing and a downer for people with COPD. His review so attacked the book that it almost discouraged me from buying it. I probably would have skipped it, had I not been dedicated to buying

just about everything that seemed as though it might be even remotely useful. I'm glad that I didn't follow his advice, for that's not how I read the book. Instead, I found it empowering. Understanding the disease (or more properly, diseases) and knowing exactly how each works strikes me as the sine qua non for adopting coping strategies. Many of the medical books I've gotten cover the same territory as the Haases in -- as one would expect - a much more thorough and technical manner. But none present the information so readably. In essence the Haases have distilled and abstracted most of the important information to be found in the more recondite medical texts.

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The Aromatherapy Bronchitis Treatment: Support the Respiratory System with Essential Oils and Holistic Medicine for COPD, Emphysema, Acute and Chronic Bronchitis Symptoms (The Secret Healer Book 6) The Chronic Bronchitis and Emphysema Handbook Living a Healthy Life with Chronic Conditions: Self-Management of Heart Disease, Arthritis, Diabetes, Depression, Asthma, Bronchitis, Emphysema and Other Physical and Mental Health Conditions Breathing Free: The Revolutionary 5-Day Program to Heal Asthma, Emphysema, Bronchitis, and Other Respiratory Ailments Natural Therapies for Emphysema and COPD: Relief and Healing for Chronic Pulmonary Disorders Self-help Treatment for Chronic Fatigue Syndrome, M.E, Fibromyalgia and Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E, Fibromyalgia, Chronic Fatigue) A Simple Guide To Emphysema, Diagnosis, Treatment And Related Diseases (A Simple Guide to Medical Conditions) AMOXICILLIN (Penicillin): Treats Bacterial Infections (such as Pneumonia, Bronchitis, Gonorrhea), and H. Pylori Infection and Duodenal Ulcers Home Remedies to Treat Cough and Bronchitis Sinus Survival: The Holistic Medical Treatment for Allergies, Asthma, Bronchitis, Colds, and Sinusitis The Respiratory Solution: How to Use Natural Cures to Reverse Respiratory Ailments : Finally, Relief from Asthma, Bronchitis, Mold, Sinus Attacks, Allergies, Sore Throats, cold Defeat Chronic Pain Now!: Groundbreaking Strategies for Eliminating the Pain of Arthritis, Back and Neck Conditions, Migraines, Diabetic Neuropathy, and Chronic Illness Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammology) Chronic Kidney Disease: The Ultimate Guide to Chronic Kidney Disease: Diet, Prevention, Early Detection and Fast Treatment! (Kidney Stones, Kidney Disease Solution, Kidney Health) Lubkin's Chronic Illness: Impact and Intervention (Lubkin, Chronic Illness) Chronic Illness: Impact And Intervention (Lubkin, Chronic Illness) 21st Century Adult Cancer Sourcebook: Chronic Myeloproliferative Disorders - Chronic Myelogenous Leukemia, Polycythemia Vera, Myelofibrosis, Thrombocythemia, Neutrophilic Leukemia The Better Bladder Book: A Holistic

Approach to Healing Interstitial Cystitis & Chronic Pelvic Pain[THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN] by Cohan, Wendy (Author) on Nov-09-2010 Paperback Lubkin's Chronic Illness (Lubkin, Chronic Illness) Handbook of Chronic Kidney Disease Management (Lippincott Williams & Wilkins Handbook Series)

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